

## Vision

Healthy, Happy, Safe Children

This holds true for all children within the community regardless of ability, health, religion, ethnicity or family structure.

## Mission

SGFSS will work with children and families to help them build their knowledge, skills and resilience, whilst affirming their social, racial and linguistic identities. We will support local families to provide safe environments for children, strong relationships and a healthy, harmonious community through the provision of strength based services. This comes from the belief that: a community where children and families are supported and empowered to reach their full potential because of a nurturing environment that values the richness of diversity, enables a sense of belonging for all its members.

## Values

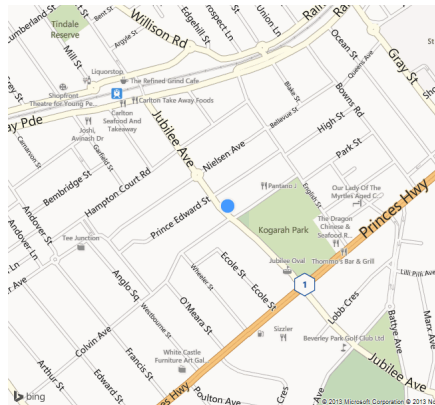
Social justice  
Equity  
Participation  
Empowerment  
Respect



Healthy, Happy, Safe Children

St George Family Support Services Inc.

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Community Services



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## Casework

### Referral

### Information

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Family Support Workers work with parents to help them resolve any issues that may impact on their ability to raise healthy, happy and safe children.

- Parenting
- Relationships
- Domestic Violence and Safety
- Housing
- Finances
- Legal
- Child Growth and Development



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## Groups

### Programs

### Workshops

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Parents are given the opportunity to share information, build knowledge and understanding around pregnancy and parenting, develop positive relationships within families and the community and promote environments which nurture and protect children.

### Topics

- Child Development, Health & Behaviour
- Creative Play, Storytelling & Songs
- Nutrition and Cooking
- School Readiness
- Childhood Safety & First Aid
- Self Esteem & Relationship Building
- Stress Management, Relaxation & Pampering
- Budgeting

### Groups/Workshops/Programs Available:

- Tuesday Parent Group
- Chinese Parent Group - in Mandarin
- Young Parents Group
- Dad's Workshops
- Outreach
- Circle of Security
- 123 Magic
- Playpower

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## Parenting Kits

### Parent's Library

### Resources

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St George Family Support Services has developed a comprehensive Parents' Library of books, DVDs and pamphlets that aim to ease stressful parenting issues for both parent and child.

### Some Issues Covered

- Behaviour and Development (0-teens)
- Toilet Training
- Tantrums
- New Sibling
- Divorce and Separation
- Grief and Loss
- Sole Parents
- Domestic Violence
- Doctor, Dentist, Hospital
- Nutrition

