

# Menai Aboriginal Child & Family Health Service

## Contact us

Menai Community Health Centre  
32 Allison Crescent  
MENAI NSW 2234

**HOURS:** Monday - Friday  
8.30am - 5.00pm

**PHONE:** 9543 1111

**FAX:** 9541 9001

**Karitane 24hr Careline:**  
1300 227 464

**Tresillian Parents Helpline:**  
1300 272 736

# Narrangy-Booris

Aboriginal Child & Family Health Service



Artist - ©Deanna Schreiber

*Narrangy-Booris*  
(little children)

Program funded by NSW Government



*Building Strong Foundations for  
Aboriginal children, families and communities*



## ABOUT OUR SERVICE

*Narrangy-Booris* is a free child & family health service to help you care for your new baby so he or she grows to be healthy and happy. Aboriginal health workers from the Narrangy-Booris team work closely with our child and family health nurses to care for you and your children from birth to 5 years.

The team also includes a speech pathologist, occupational therapist and social worker.

## TYPES OF SERVICES OFFERED

- Blue book health checks
- Information on infant feeding and nutrition
- Hearing testing
- Health assessments and therapy
- Counseling and Support
- Help with family issues
- Parenting and Support groups
- Referral and support to access other services
- Linking with Koori Kids Playgroup

## WHO CAN USE OUR SERVICE?

Aboriginal mothers, fathers, grandparents, aunts/uncles and carers who live in the Sutherland Shire/St George area and care for a child under 5 years.

We can see you in your home for your baby health checks, at your local community health centre or a place where you and your child feel comfortable.

